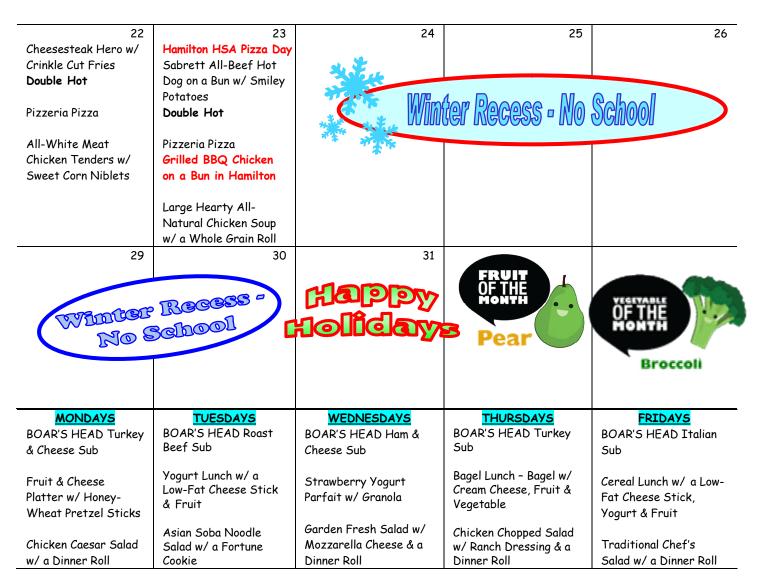


DECEMBER 2014

GLEN ROCK Elementary Schools

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|---|--|
| Selections on The Farm Stand are included with lunch. Choose servings of fruit/vegetable from a variety of options daily. | | | | |
| Birthday of Basketball Turkey Burger on a Whole Grain Roll w/ Potato Tots Double Hot | Taco Tuesday - Twin Soft Beef Tacos w/ Cheddar Cheese Double Hot Pizzeria Pizza | Byrd & Coleman HSA Pizza Day Baked Ziti Double Hot Pizzeria Pizza Grilled BBQ Chicken on | Central HSA Pizza Day All-Beef Hot Dog on a Bun Double Hot Pizzeria Pizza Grilled BBQ Chicken on | 5 Cheesesteak Hero w/ Crinkle Cut Fries Double Hot Pizzeria Pizza All-White Meat Chicken |
| All-White Meat Chicken Tenders w/ Fresh Roasted Vegetables | Large Hearty All- Natural Chicken Soup w/ a Dinner Roll | Panko-Crusted Chicken Tenders w/ Dipping Sauce & 3 Jeweled Brown Rice | a Bun in Central Cheese Tortellini w/ Homemade Alfredo Sauce | Fritters (Breaded Chicken Chunks) w/ Dipping Sauce & Glazed Organic Baby Carrots Eggplant Parmesan w/ Pasta |
| 8 Chicken Nuggets w/ Italian Bread Double Hot | 9 Hamilton HSA Pizza Day Homemade Macaroni & Cheese w/ Italian Bread | 10 Nachos Grande w/ Cheddar Cheese Sauce & Mexican Corn Double Hot | 11 Beef Sliders on Mini Buns w/ Crinkle Cut Fries Double Hot | Meatball Sub Double Hot Pizzeria Pizza |
| Pizzeria Pizza Tangerine Chicken over Brown Rice w/ a Fortune Cookie | Pizzeria Pizza Grilled BBQ Chicken on a Bun in Hamilton Homemade Tomato Soup w/ a Turkey & Cheese Sandwich | Pizzeria Pizza All-White Meat Chicken Tenders w/ Sweet Corn Niblets | Pizzeria Pizza Whole Grain French Toast w/ Homemade Apple Crisp | All-Natural Mini Meatballs w/ Pasta & Garlic Bread Eggplant Parmesan w/ Pasta |
| EARLY DISMISSAL STAFF WORKSHOPS | 16 Panther Cheeseburger on a Bun w/ Potato Wedges Double Hot | Byrd & Coleman HSA Pizza Day BBQ Rib Hero Double Hot | 18 Central HSA Pizza Day Popcorn Chicken w/ Italian Bread Double Hot | 19 Quesadilla Pizza Double Hot Pizzeria Pizza |
| NO LUNCH SERVICE | Pizzeria Pizza Homemade Tomato Soup & an All-White Meat Chicken Fillet Sandwich Free "Mickey Mouse Club Sticker" with Every Lunch | Pizzeria Pizza Grilled BBQ Chicken on a Bun in Byrd & Coleman All-White Meat Chicken Tenders w/ Sweet Corn Niblets | Pizzeria Pizza Grilled BBQ Chicken on a Bun in Central Cheese Tortellini w/ Homemade Alfredo Sauce | Asian Chicken Noodle Bowl - Grilled Chicken & Fresh Veggies over Lo Mein Noodles w/ Teriyaki Sauce & a Fortune Cookie |



Milk is included with each lunch.

Traditional Lunch - \$ 3.00 per meal Double Hot Traditional Meal - \$4.00 Boar's Head & Premium Lunches - \$4.00 (Double Hot not available) Featured Favorite - \$4.75 (Double Hot not available) 2-Slice Pizza Meal - \$4.50

All-Natural products contain no antibiotics, preservatives, hormones, or nitrates; are vegetarian fed and sustainably farmed

Go to
http://glenrock.pomptonianmenus.com/order
to place an order by credit card.

Any questions, call Food Service Director at 201 445-7700 ext. 8965

Menu Subject to Change

Milk Selections include: Low Fat 1% Milk, Skim, or Low-Fat Chocolate Milk

Everything on this Menu is Baked not Fried

Your comments are important to us. Please email us at <u>comments@pomptonian.com</u>