






MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <div style="border: 1px solid green; padding: 5px; display: inline-block;"> <p><b>Selections on The Farm Stand are included with lunch. Choose servings of fruit/vegetable from a variety of options daily.</b></p> </div>				
<p><b>1</b></p> <p><b>Birthdays of Basketball</b> </p> <p>Turkey Burger on a Whole Grain Roll w/ Potato Tots <b>Double Hot</b></p> <p>Pizzeria Pizza</p> <p>All-White Meat Chicken Tenders w/ Fresh Roasted Vegetables </p>	<p><b>2</b></p> <p>Taco Tuesday - Twin Soft Beef Tacos w/ Cheddar Cheese <b>Double Hot</b></p> <p>Pizzeria Pizza</p> <p>Large Hearty All-Natural Chicken Soup w/ a Dinner Roll</p>	<p><b>3</b></p> <p><b>Byrd &amp; Coleman HSA Pizza Day</b></p> <p>Baked Ziti <b>Double Hot</b></p> <p>Pizzeria Pizza <b>Grilled BBQ Chicken on a Bun in Byrd &amp; Coleman</b></p> <p>Panko-Crusted Chicken Tenders w/ Dipping Sauce &amp; 3 Jeweled Brown Rice</p>	<p><b>4</b></p> <p><b>Central HSA Pizza Day</b></p> <p>All-Beef Hot Dog on a Bun <b>Double Hot</b></p> <p>Pizzeria Pizza <b>Grilled BBQ Chicken on a Bun in Central</b></p> <p>Cheese Tortellini w/ Homemade Alfredo Sauce</p>	<p><b>5</b></p> <p>Cheesesteak Hero w/ Crinkle Cut Fries <b>Double Hot</b></p> <p>Pizzeria Pizza</p> <p>All-White Meat Chicken Fritters (Breaded Chicken Chunks) w/ Dipping Sauce &amp; Glazed Organic Baby Carrots</p> <p>Eggplant Parmesan w/ Pasta</p>
<p><b>8</b></p> <p>Chicken Nuggets w/ Italian Bread <b>Double Hot</b></p> <p>Pizzeria Pizza</p> <p>Tangerine Chicken over Brown Rice w/ a Fortune Cookie</p>	<p><b>9</b></p> <p><b>Hamilton HSA Pizza Day</b></p> <p>Homemade Macaroni &amp; Cheese w/ Italian Bread <b>Double Hot</b></p> <p>Pizzeria Pizza <b>Grilled BBQ Chicken on a Bun in Hamilton</b></p> <p>Homemade Tomato Soup w/ a Turkey &amp; Cheese Sandwich</p>	<p><b>10</b></p> <p>Nachos Grande w/ Cheddar Cheese Sauce &amp; Mexican Corn <b>Double Hot</b></p> <p>Pizzeria Pizza</p> <p>All-White Meat Chicken Tenders w/ Sweet Corn Niblets</p>	<p><b>11</b></p> <p>Beef Sliders on Mini Buns w/ Crinkle Cut Fries <b>Double Hot</b></p> <p>Pizzeria Pizza</p> <p>Whole Grain French Toast w/ Homemade Apple Crisp</p>	<p><b>12</b></p> <p>Meatball Sub <b>Double Hot</b></p> <p>Pizzeria Pizza</p> <p>All-Natural Mini Meatballs w/ Pasta &amp; Garlic Bread</p> <p>Eggplant Parmesan w/ Pasta</p>
<p><b>15</b></p> <p><b>EARLY DISMISSAL</b></p> <p><b>STAFF WORKSHOPS</b></p> <p><b>NO LUNCH SERVICE</b></p>	<p><b>16</b></p> <p>Panther Cheeseburger on a Bun w/ Potato Wedges <b>Double Hot</b></p> <p>Pizzeria Pizza</p> <p>Homemade Tomato Soup &amp; an All-White Meat Chicken Fillet Sandwich <b>Free "Mickey Mouse Club Sticker" with Every Lunch</b></p>	<p><b>17</b></p> <p><b>Byrd &amp; Coleman HSA Pizza Day</b></p> <p>BBQ Rib Hero <b>Double Hot</b></p> <p>Pizzeria Pizza <b>Grilled BBQ Chicken on a Bun in Byrd &amp; Coleman</b></p> <p>All-White Meat Chicken Tenders w/ Sweet Corn Niblets</p>	<p><b>18</b></p> <p><b>Central HSA Pizza Day</b></p> <p>Popcorn Chicken w/ Italian Bread <b>Double Hot</b></p> <p>Pizzeria Pizza <b>Grilled BBQ Chicken on a Bun in Central</b></p> <p>Cheese Tortellini w/ Homemade Alfredo Sauce</p>	<p><b>19</b></p> <p>Quesadilla Pizza <b>Double Hot</b></p> <p>Pizzeria Pizza</p> <p>Asian Chicken Noodle Bowl - Grilled Chicken &amp; Fresh Veggies over Lo Mein Noodles w/ Teriyaki Sauce &amp; a Fortune Cookie</p>

22 Cheesesteak Hero w/ Crinkle Cut Fries <b>Double Hot</b>  Pizzeria Pizza  All-White Meat Chicken Tenders w/ Sweet Corn Niblets	23 <b>Hamilton HSA Pizza Day</b> Sabrett All-Beef Hot Dog on a Bun w/ Smiley Potatoes <b>Double Hot</b>  Pizzeria Pizza <b>Grilled BBQ Chicken on a Bun in Hamilton</b>  Large Hearty All- Natural Chicken Soup w/ a Whole Grain Roll	24	25	26
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**Winter Recess - No School**

29	30	31	<p><b>FRUIT OF THE MONTH</b> <b>Pear</b></p>	<p><b>VEGETABLE OF THE MONTH</b> <b>Broccoli</b></p>
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**Winter Recess - No School**

**Happy Holidays**

<b>MONDAYS</b>	<b>TUESDAYS</b>	<b>WEDNESDAYS</b>	<b>THURSDAYS</b>	<b>FRIDAYS</b>
BOAR'S HEAD Turkey & Cheese Sub  Fruit & Cheese Platter w/ Honey-Wheat Pretzel Sticks  Chicken Caesar Salad w/ a Dinner Roll	BOAR'S HEAD Roast Beef Sub  Yogurt Lunch w/ a Low-Fat Cheese Stick & Fruit  Asian Soba Noodle Salad w/ a Fortune Cookie	BOAR'S HEAD Ham & Cheese Sub  Strawberry Yogurt Parfait w/ Granola  Garden Fresh Salad w/ Mozzarella Cheese & a Dinner Roll	BOAR'S HEAD Turkey Sub  Bagel Lunch - Bagel w/ Cream Cheese, Fruit & Vegetable  Chicken Chopped Salad w/ Ranch Dressing & a Dinner Roll	BOAR'S HEAD Italian Sub  Cereal Lunch w/ a Low-Fat Cheese Stick, Yogurt & Fruit  Traditional Chef's Salad w/ a Dinner Roll

**Milk is included with each lunch.**

- Traditional Lunch - \$ 3.00 per meal
- Double Hot Traditional Meal - \$4.00
- Boar's Head & Premium Lunches - \$4.00 (Double Hot not available)
- Featured Favorite - \$4.75 (Double Hot not available)
- 2-Slice Pizza Meal - \$4.50

**All-Natural** products contain no antibiotics, preservatives, hormones, or nitrates; are vegetarian fed and sustainably farmed

Go to  
<http://glenrock.pomptonianmenus.com/order>  
to place an order by credit card.

Any questions, call Food Service Director at 201 445-7700 ext. 8965

Menu Subject to Change

Milk Selections include: Low Fat 1% Milk, Skim, or Low-Fat Chocolate Milk

**Everything on this Menu is Baked not Fried**

*Your comments are important to us. Please email us at [comments@pomptonian.com](mailto:comments@pomptonian.com)*