


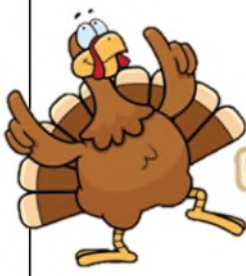

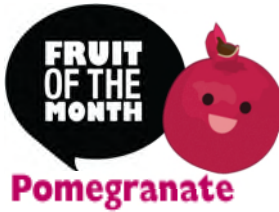





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>Selections on The Farm Stand are included with lunch. Choose servings of fruit/vegetable from a variety of options daily.</b>		
1	2	3	4	
 <p>Hamilton HSA Pizza Day Sabrett All-Beef Hot Dog on a Bun w/ Smiley Potatoes <b>Double Hot</b></p> <p>Pizzeria Pizza <b>BBQ Grilled Chicken on a Bun in Hamilton</b></p> <p>Large Hearty All-Natural Chicken Soup w/ a Whole Grain Roll</p>	<p>Byrd &amp; Coleman HSA Pizza Day Baked Ziti w/ Garlic Bread <b>Double Hot</b></p> <p>Pizzeria Pizza <b>BBQ Grilled Chicken on a Bun in Byrd &amp; Coleman</b></p> <p>Panko-Crusted Chicken Tenders w/ Dipping Sauce &amp; 3 Jeweled Brown Rice</p>	<p>Central HSA Pizza Day Homemade Macaroni &amp; Cheese w/ Italian Bread <b>Double Hot</b></p> <p>Pizzeria Pizza <b>BBQ Grilled Chicken on a Bun in Central</b></p> <p>Tangerine Chicken over Brown Rice w/ a Fortune Cookie</p>	<p>Meatball Sub <b>Double Hot</b></p> <p>Pizzeria Pizza</p> <p>All-White Meat Chicken Fritters (Breaded Chicken Chunks) w/ Dipping Sauce &amp; Glazed Organic Baby Carrots</p>	
7	8	9	10	11
<p>Popcorn Chicken w/ Italian Bread <b>Double Hot</b></p> <p>Pizzeria Pizza</p> <p>Potato &amp; Cheese Pierogies w/ Sautéed Onions</p>	<b>Election Day - No School</b>	<b>Professional Day for Staff- No School</b>	<b>NJEA Convention No School</b>	
14	15	16	17	18
<p>Meatball Sub <b>Double Hot</b></p> <p>Pizzeria Pizza</p> <p>All-White Meat Chicken Tenders w/ Sweet Corn Niblets</p>	<p>French Toast Sticks w/ Syrup, a Sausage Patty &amp; Hash Brown Potatoes <b>Double Hot</b></p> <p>Pizzeria Pizza</p> <p>Tangerine Chicken over Jeweled Rice w/ a Fortune Cookie</p>	<p>Byrd &amp; Coleman HSA Pizza Day Popcorn Chicken w/ Italian Bread <b>Double Hot</b></p> <p>Pizzeria Pizza <b>BBQ Grilled Chicken in Byrd &amp; Coleman</b></p> <p>Homemade All-Natural Chicken Soup w/ a Grilled Chicken Fillet Sandwich</p>	<p>Central HSA Pizza Day Mozzarella Cheese Stuffed Shells w/ Italian Bread <b>Double Hot</b></p> <p>Pizzeria Pizza <b>BBQ Grilled Chicken on a Bun in Central</b></p> <p>Cheese Tortellini w/ Homemade Alfredo Sauce</p>	<p>French Bread Pizza <b>Double Hot</b></p> <p>Pizzeria Pizza</p> <p>All-White Meat Chicken Fritters (Breaded Chicken Chunks) w/ Dipping Sauce &amp; Glazed Organic Baby Carrots</p> <p>Eggplant Parmesan w/ Pasta</p>

<p>21</p> <p>Twin Chicken Sliders on Buns w/ Potatoes <b>Double Hot</b></p> <p>Pizzeria Pizza</p> <p>Whole Grain French Toast w/ Homemade Apple Crisp</p> <p><b>FREE BAG OF CHIPS W/ LUNCH</b></p>	<p>22</p> <p><b>Hamilton HSA Pizza Day</b> Sabrett All-Beef Hot Dog on a Bun w/ Smiley Potatoes <b>Double Hot</b> </p> <p>Pizzeria Pizza <b>BBQ Grilled Chicken on a Bun in Hamilton</b></p> <p>Homemade Tomato Soup &amp; Turkey &amp; Cheese Sandwich</p> <p>Potato &amp; Cheese Pierogies</p>	<p>23</p> <p>Chicken Nuggets w/ Italian Bread <b>Double Hot</b></p> <p>Pizzeria Pizza</p> <p>All-Natural Mini Meatballs w/ Pasta &amp; Garlic Bread</p>	<p>24</p>  	<p>25</p>
<p>28</p> <p>Turkey Burger on a Whole Grain Roll w/ Potato Tots <b>Double Hot</b></p> <p>Pizzeria Pizza</p> <p>All-White Meat Chicken Tenders w/ Fresh Roasted Vegetables</p>	<p>29</p> <p>Taco Tuesday - Twin Soft Beef Tacos w/ Cheddar Cheese <b>Double Hot</b></p> <p>Pizzeria Pizza</p> <p>Large Hearty All-Natural Chicken Soup w/ a Dinner Roll</p>	<p>30</p> <p><b>Byrd HSA Pizza Day</b> Baked Ziti <b>Double Hot</b></p> <p>Pizzeria Pizza <b>BBQ Grilled Chicken on a Bun in Byrd</b></p> <p>Panko-Crusted Chicken Tenders w/ Dipping Sauce &amp; 3 Jeweled Brown Rice</p>	 <p><b>Fruit of the Month</b> Pomegranate</p>	 <p><b>Vegetable of the Month</b> Sweet Potato</p>

<b>MONDAYS</b>	<b>TUESDAYS</b>	<b>WEDNESDAYS</b>	<b>THURSDAYS</b>	<b>FRIDAYS</b>
<p>BOAR'S HEAD Turkey &amp; Cheese Sub</p> <p>Fruit &amp; Cheese Platter w/ Honey-Wheat Pretzel Sticks</p> <p>Chicken Caesar Salad w/ a Dinner Roll</p>	<p>BOAR'S HEAD Roast Beef Sub</p> <p>Yogurt Lunch w/ a Low-Fat Cheese Stick &amp; Fruit</p> <p>Asian Soba Noodle Salad w/ a Fortune Cookie</p>	<p>BOAR'S HEAD Ham &amp; Cheese Sub</p> <p>Strawberry Yogurt Parfait w/ Granola</p> <p>Garden Fresh Salad w/ Mozzarella Cheese &amp; a Dinner Roll</p>	<p>BOAR'S HEAD Turkey Sub</p> <p>Bagel Lunch - Bagel w/ Cream Cheese, Fruit &amp; Vegetable</p> <p>Chicken Chopped Salad w/ Ranch Dressing &amp; a Dinner Roll</p>	<p>BOAR'S HEAD Italian Sub</p> <p>Cereal Lunch w/ a Low-Fat Cheese Stick, Yogurt &amp; Fruit</p> <p>Traditional Chef's Salad w/ a Dinner Roll</p>

**Milk is included with each lunch.**

- Traditional Lunch - \$3.35 per meal
- Double Hot Traditional Meal - \$4.25
- Boar's Head & Featured Favorite Lunches - \$4.25 (Double Hot not available)
- Village Fresh Lunch - \$4.75 (Double Hot not available)
- 2-Slice Pizza Meal - \$4.60

**All-Natural** products contain no antibiotics, preservatives, hormones, or nitrates; are vegetarian fed and sustainably farmed

Go to  
<http://glenrock.pomptonianmenus.com/order>  
 to place an order by credit card.

Any questions, call Food Service Director at 201 445-7700 ext. 8965

Menu Subject to Change

Milk Selections include: Low Fat 1% Milk, Skim, or Low-Fat Chocolate Milk

**Everything on this Menu is Baked not Fried**

*Your comments are important to us. Please email us at [comments@pomptonian.com](mailto:comments@pomptonian.com)*