








MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Selections on The Farm Stand are included with lunch. Choose servings of fruit/vegetable from a variety of options daily.		
			1 Mozzarella Cheese Stuffed Shells w/ Italian Bread Double Hot Pizzeria Pizza Cheese Tortellini w/ Homemade Alfredo Sauce	2 French Bread Pizza Double Hot Pizzeria Pizza All-White Meat Chicken Fritters (Breaded Chicken Chunks) w/ Dipping Sauce & Glazed Organic Baby Carrots Eggplant Parmesan w/ Pasta
5 Twin Chicken Sliders on Buns w/ Potatoes Double Hot Pizzeria Pizza Whole Grain French Toast w/ Homemade Apple Crisp	6 Child Health Day Hamilton HSA Pizza Day Sabrett All-Beef Hot Dog on a Bun w/ Smiley Potatoes Double Hot Pizzeria Pizza Grilled BBQ Chicken on a Bun in Hamilton Homemade Tomato Soup & Turkey & Cheese Sandwich Potato & Cheese Pierogies	7 Chicken Nuggets w/ Italian Bread Double Hot Pizzeria Pizza All-Natural Mini Meatballs w/ Pasta & Garlic Bread	8 Central HSA Pizza Day Nachos Grande w/ Cheddar Cheese Sauce & Mexican Corn Double Hot Pizzeria Pizza Grilled BBQ Chicken on a Bun in Central All-White Meat Chicken Tenders w/ Sweet Corn Niblets	9 Jersey Sliders - Mini Cheeseburgers w/ American Cheese & French Fries Double Hot Pizzeria Pizza Asian Chicken Noodle Bowl - Grilled Chicken & Fresh Veggies over Lo Mein Noodles w/ Teriyaki Sauce & a Fortune Cookie
COLUMBUS DAY 12 Turkey Burger on a Whole Grain Roll w/ Potato Tots Double Hot Pizzeria Pizza All-White Meat Chicken Tenders w/ Fresh Roasted Vegetables	13 Taco Tuesday - Twin Soft Beef Tacos w/ Cheddar Cheese Double Hot Pizzeria Pizza Large Hearty All-Natural Chicken Soup w/ a Dinner Roll	14 Coleman & Byrd HSA Pizza Day Baked Ziti Double Hot Pizzeria Pizza Grilled BBQ Chicken on a Bun in Coleman & Byrd Panko-Crusted Chicken Tenders w/ Dipping Sauce & 3 Jeweled Brown Rice	15 All-Beef Hot Dog on a Bun Double Hot Pizzeria Pizza Cheese Tortellini w/ Homemade Alfredo Sauce	16 Cheesesteak Hero w/ Crinkle Cut Fries Double Hot Pizzeria Pizza All-White Meat Chicken Fritters (Breaded Chicken Chunks) w/ Dipping Sauce & Glazed Organic Baby Carrots Eggplant Parmesan w/ Pasta
National School Lunch Week 2015 - School Lunch Snapshot				

19 Chicken Nuggets w/ Italian Bread Double Hot Pizzeria Pizza Tangerine Chicken over Brown Rice w/ a Fortune Cookie	20 Hamilton HSA Pizza Day Homemade Macaroni & Cheese w/ Italian Bread Double Hot Pizzeria Pizza Grilled BBQ Chicken on a Bun in Hamilton Homemade Tomato Soup w/ a Turkey & Cheese Sandwich	21 Nachos Grande w/ Cheddar Cheese Sauce & Mexican Corn Double Hot Pizzeria Pizza All-White Meat Chicken Tenders w/ Sweet Corn Niblets	22 Central HSA Pizza Day Beef Sliders on Mini Buns w/ Crinkle Cut Fries Double Hot Pizzeria Pizza Grilled BBQ Chicken on a Bun in Central Whole Grain French Toast w/ Homemade Apple Crisp	23 Meatball Sub Double Hot Pizzeria Pizza All-Natural Mini Meatballs w/ Pasta & Garlic Bread Eggplant Parmesan w/ Pasta
26 Mozzarella Sticks w/ Marinara Sauce & Italian Bread Double Hot Pizzeria Pizza Fiesta Bowl - Mexican Rice w/ Seasoned Beef, topped w/ Cheddar Cheese & Tortilla Chips	27 Panther Cheeseburger on a Bun w/ Potato Wedges Double Hot Pizzeria Pizza Homemade Tomato Soup & an All-White Meat Chicken Fillet Sandwich	28 Coleman & Byrd HSA Pizza Day BBQ Rib Hero Double Hot Pizzeria Pizza Grilled BBQ Chicken on a Bun in Coleman & Byrd All-White Meat Chicken Tenders w/ Sweet Corn Niblets	29 Popcorn Chicken w/ Italian Bread Double Hot Pizzeria Pizza Cheese Tortellini w/ Homemade Alfredo Sauce	30 HALLOWEEN LUNCH Quesadilla Pizza Double Hot Pizzeria Pizza Asian Chicken Noodle Bowl - Grilled Chicken & Fresh Veggies over Lo Mein Noodles w/ Teriyaki Sauce & a Fortune Cookie Free Whole Grain Pumpkin Shaped Cookie w/ Lunch 

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BOAR'S HEAD Turkey & Cheese Sub Fruit & Cheese Platter w/ Honey- Wheat Pretzel Sticks Chicken Caesar Salad w/ a Dinner Roll	BOAR'S HEAD Roast Beef Sub Yogurt Lunch w/ a Low-Fat Cheese Stick & Fruit Asian Soba Noodle Salad w/ a Fortune Cookie	BOAR'S HEAD Ham & Cheese Sub Peach Mango Yogurt Parfait w/ Granola Garden Fresh Salad w/ Mozzarella Cheese & a Dinner Roll	BOAR'S HEAD Turkey Sub Bagel Lunch - Bagel w/ Cream Cheese, Fruit & Vegetable Chicken Chopped Salad w/ Ranch Dressing & a Dinner Roll	BOAR'S HEAD Italian Sub Cereal Lunch w/ a Low- Fat Cheese Stick, Yogurt & Fruit Traditional Chef's Salad w/ a Dinner Roll

Milk is included with each lunch.

- Traditional Lunch - \$ 3.25 per meal
- Double Hot Traditional Meal - \$4.00
- Boar's Head & Featured Favorite Lunches - \$4.25 (Double Hot not available)
- Village Fresh Lunch - \$4.75 (Double Hot not available)
- 2-Slice Pizza Meal - \$4.50

All-Natural products contain no antibiotics, preservatives, hormones, or nitrates; are vegetarian fed and sustainably farmed

Go to
<http://glenrock.pomptonianmenus.com/order>
to place an order by credit card.

Any questions, call Food Service Director
at 201 445-7700 ext. 8965

Menu Subject to Change

Milk Selections include: Low Fat 1% Milk, Skim,
or Low-Fat Chocolate Milk

Everything on this Menu is Baked not Fried

*Your comments are important to us. Please email
us at comments@pomptonian.com*

