



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Selections on The Farm Stand are included with lunch. Choose servings of fruit/vegetable from a variety of options daily.		
3	4	5	6	7
<p>No School - Rosh Hashanah</p>	<p>No School - Rosh Hashanah</p>	<p>Byrd & Coleman HSA Pizza Day Chicken Nuggets w/ Italian Bread Double Hot</p> <p>Pizzeria Pizza BBQ Grilled Chicken on a Bun in Byrd & Coleman</p> <p>All-Natural Mini Meatballs w/ Pasta & Garlic Bread</p>	<p>Nachos Grande w/ Cheddar Cheese Sauce & Mexican Corn Double Hot</p> <p>Pizzeria Pizza</p> <p>All-White Meat Chicken Tenders w/ Sweet Corn Niblets</p>	<p>Jersey Sliders - Mini Cheeseburgers w/ American Cheese & French Fries Double Hot</p> <p>Pizzeria Pizza</p> <p>Asian Chicken Noodle Bowl - Grilled Chicken & Fresh Veggies over Lo Mein Noodles w/ Teriyaki Sauce & a Fortune Cookie</p>
10	11	12	13	14
<p>COLUMBUS DAY Turkey Burger on a Whole Grain Roll w/ Potato Tots Double Hot</p> <p>Pizzeria Pizza</p> <p>All-White Meat Chicken Tenders w/ Fresh Roasted Vegetables</p>	<p>Hamilton HSA Pizza Day Taco Tuesday - Twin Soft Beef Tacos w/ Cheddar Cheese Double Hot</p> <p>Pizzeria Pizza BBQ Grilled Chicken on a Bun in Hamilton</p> <p>Large Hearty All-Natural Chicken Soup w/ a Dinner Roll</p>	<p>No School - Yom Kippur</p>	<p>Central HSA Pizza Day All-Beef Hot Dog on a Bun Double Hot</p> <p>Pizzeria Pizza BBQ Grilled Chicken on a Bun in Central</p> <p>Cheese Tortellini w/ Homemade Alfredo Sauce</p>	<p>Cheesesteak Hero w/ Crinkle Cut Fries Double Hot</p> <p>Pizzeria Pizza</p> <p>All-White Meat Chicken Fritters (Breaded Chicken Chunks) w/ Dipping Sauce & Glazed Organic Baby Carrots</p> <p>Eggplant Parmesan w/ Pasta</p>
National School Lunch Week 2016				
17	18	19	20	21
<p>Chicken Nuggets w/ Italian Bread Double Hot</p> <p>Pizzeria Pizza</p> <p>Tangerine Chicken over Brown Rice w/ a Fortune Cookie</p>	<p>Hamilton HSA Pizza Day Homemade Macaroni & Cheese w/ Italian Bread Double Hot</p> <p>Pizzeria Pizza BBQ Grilled Chicken on a Bun in Hamilton</p> <p>Homemade Tomato Soup w/ a Turkey & Cheese Sandwich</p>	<p>Byrd & Coleman HSA Pizza Day Nachos Grande w/ Cheddar Cheese Sauce & Mexican Corn Double Hot</p> <p>Pizzeria Pizza BBQ Grilled Chicken on a Bun in Byrd & Coleman</p> <p>All-White Meat Chicken Tenders w/ Sweet Corn Niblets</p>	<p>Beef Sliders on Mini Buns w/ Crinkle Cut Fries Double Hot</p> <p>Pizzeria Pizza</p> <p>Whole Grain French Toast w/ Homemade Apple Crisp</p>	<p>Meatball Sub Double Hot</p> <p>Pizzeria Pizza</p> <p>All-Natural Mini Meatballs w/ Pasta & Garlic Bread</p> <p>Eggplant Parmesan w/ Pasta</p>

24	25	26	27	28
Mozzarella Sticks w/ Marinara Sauce & Italian Bread Double Hot	Panther Cheeseburger on a Bun w/ Potato Wedges Double Hot	BBQ Rib Hero Double Hot	Central HSA Pizza Day Popcorn Chicken w/ Italian Bread Double Hot	Quesadilla Pizza Double Hot
Pizzeria Pizza	Pizzeria Pizza	Pizzeria Pizza	Pizzeria Pizza BBQ Grilled Chicken on a Bun in Central	Pizzeria Pizza
Fiesta Bowl - Mexican Rice w/ Seasoned Beef, topped w/ Cheddar Cheese & Tortilla Chips	Homemade Tomato Soup & an All-White Meat Chicken Fillet Sandwich	All-White Meat Chicken Tenders w/ Sweet Corn Niblets	Cheese Tortellini w/ Homemade Alfredo Sauce	Asian Chicken Noodle Bowl - Grilled Chicken & Fresh Veggies over Lo Mein Noodles w/ Teriyaki Sauce & a Fortune Cookie
HALLOWEEN LUNCH 31				
Cheesesteak Hero w/ Crinkle Cut Fries Double Hot				
Pizzeria Pizza				
All-White Meat Chicken Tenders w/ Sweet Corn Niblets				
Free Whole Grain Pumpkin-Shaped Cookie 				

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
BOAR'S HEAD Turkey & Cheese Sub	BOAR'S HEAD Roast Beef Sub	BOAR'S HEAD Ham & Cheese Sub	BOAR'S HEAD Turkey Sub	BOAR'S HEAD Italian Sub
Fruit & Cheese Platter w/ Honey- Wheat Pretzel Sticks	Yogurt Lunch w/ a Low-Fat Cheese Stick & Fruit	Peach Mango Yogurt Parfait w/ Granola	Bagel Lunch - Bagel w/ Cream Cheese, Fruit & Vegetable	Cereal Lunch w/ a Low- Fat Cheese Stick, Yogurt & Fruit
Chicken Caesar Salad w/ a Dinner Roll	Asian Soba Noodle Salad w/ a Fortune Cookie	Garden Fresh Salad w/ Mozzarella Cheese & a Dinner Roll	Chicken Chopped Salad w/ Ranch Dressing & a Dinner Roll	Traditional Chef's Salad w/ a Dinner Roll

Milk is included with each lunch.

- Traditional Lunch - \$3.35 per meal
- Double Hot Traditional Meal - \$4.25
- Boar's Head & Featured Favorite Lunches - \$4.25 (Double Hot not available)
- Village Fresh Lunch - \$4.75 (Double Hot not available)
- 2-Slice Pizza Meal - \$4.60

All-Natural products contain no antibiotics, preservatives, hormones, or nitrates; are vegetarian fed and sustainably farmed

Go to
<http://glenrock.pomptonianmenus.com/order>
to place an order by credit card.

Any questions, call Food Service Director
at 201 445-7700 ext. 8965

Menu Subject to Change

Milk Selections include: Low Fat 1% Milk, Skim,
or Low-Fat Chocolate Milk

Everything on this Menu is Baked not Fried

*Your comments are important to us. Please email
us at comments@pomptonian.com*