




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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Selections on The Farm Stand are included with lunch. Choose servings of fruit/vegetable from a variety of options daily.

			1	2
				
5	6	7	8	9
	<p>Half-Day - No Lunch Service</p>	<p>BBQ Rib Hero Double Hot</p> <p>Pizzeria Pizza</p> <p>All-White Meat Chicken Tenders w/ Sweet Corn Niblets</p>	<p>Popcorn Chicken w/ Italian Bread Double Hot</p> <p>Pizzeria Pizza</p> <p>Cheese Tortellini w/ Homemade Alfredo Sauce</p>	<p>Quesadilla Pizza Double Hot</p> <p>Pizzeria Pizza</p> <p>Asian Chicken Noodle Bowl - Grilled Chicken & Fresh Veggies over Lo Mein Noodles w/ Teriyaki Sauce & a Fortune Cookie</p>
12	13	14	15	16
<p>PATRIOT DAY 9/11</p> <p>Cheesesteak Hero w/ Crinkle Cut Fries Double Hot</p> <p>Pizzeria Pizza</p> <p>All-White Meat Chicken Tenders w/ Sweet Corn Niblets</p> 	<p>Sabrett All-Beef Hot Dog on a Bun w/ Smiley Potatoes Double Hot</p> <p>Pizzeria Pizza</p> <p>Large Hearty All- Natural Chicken Soup w/ a Whole Grain Roll</p>	<p>Baked Ziti w/ Garlic Bread Double Hot</p> <p>Pizzeria Pizza</p> <p>Panko-Crusted Chicken Tenders w/ Dipping Sauce & 3 Jeweled Brown Rice</p>	<p>Homemade Macaroni & Cheese w/ Italian Bread Double Hot</p> <p>Pizzeria Pizza</p> <p>Tangerine Chicken over Brown Rice w/ a Fortune Cookie</p>	<p>Constitution Day Observed</p> <p>Meatball Sub Double Hot</p> <p>Pizzeria Pizza</p> <p>All-White Meat Chicken Fritters (Breaded Chicken Chunks) w/ Dipping Sauce & Glazed Organic Baby Carrots</p>
19	20	21	22	23
<p>Popcorn Chicken w/ Italian Bread Double Hot</p> <p>Pizzeria Pizza</p> <p>Potato & Cheese Pierogies w/ Sautéed Onions</p>	<p>Chicken Patty Parm. on a Kaiser Roll Double Hot</p> <p>Pizzeria Pizza</p> <p>Homemade Tomato Soup & a Grilled Cheese Sandwich Free Bag of Pretzels with Every Lunch</p>	<p>Jersey Sliders - Mini Cheeseburgers w/ American Cheese & French Fries Double Hot</p> <p>Pizzeria Pizza</p> <p>Cheese Tortellini w/ Homemade Alfredo Sauce</p>	<p>First Day of Fall</p> <p>Teriyaki Chicken w/ Asian Vegetables over Brown Rice Double Hot</p> <p>Pizzeria Pizza</p> <p>All-White Meat Chicken Tenders w/ Sweet Corn Niblets</p>	<p>Mozzarella Sticks w/ Marinara Sauce & Italian Bread Double Hot</p> <p>Pizzeria Pizza</p> <p>Fiesta Bowl - Mexican Rice w/ Seasoned Beef, topped w/ Cheddar Cheese & Tortilla Chips</p>
<p>CONSTITUTION WEEK</p> 				

Johnny Appleseed Day 26	27	28	29	30
Meatball Sub Double Hot Pizzeria Pizza All-White Meat Chicken Tenders w/ Sweet Corn Niblets	Hamilton HSA Pizza Day French Toast Sticks w/ Syrup, a Sausage Patty & Hash Brown Potatoes Double Hot Pizzeria Pizza BBQ Grilled Chicken on a Bun in Hamilton Tangerine Chicken over Jeweled Rice w/ a Fortune Cookie	Coleman HSA Pizza Day Popcorn Chicken w/ Italian Bread Double Hot Pizzeria Pizza BBQ Grilled Chicken on a Bun in Coleman Homemade All-Natural Chicken Soup w/ a Grilled Chicken Fillet Sandwich	Central HSA Pizza Day Mozzarella Cheese Stuffed Shells w/ Italian Bread Double Hot Pizzeria Pizza BBQ Grilled Chicken on a Bun in Central Cheese Tortellini w/ Homemade Alfredo Sauce	French Bread Pizza Double Hot Pizzeria Pizza All-White Meat Chicken Fritters (Breaded Chicken Chunks) w/ Dipping Sauce & Glazed Organic Baby Carrots Eggplant Parmesan w/ Pasta
 Sea Otter Awareness Week				

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BOAR'S HEAD Turkey & Cheese Sub Fruit & Cheese Platter w/ Honey-Wheat Pretzel Sticks Chicken Caesar Salad w/ a Dinner Roll	BOAR'S HEAD Roast Beef Sub Yogurt Lunch w/ a Low-Fat Cheese Stick & Fruit Asian Soba Noodle Salad w/ a Fortune Cookie	BOAR'S HEAD Ham & Cheese Sub Peach Mango Yogurt Parfait w/ Granola Garden Fresh Salad w/ Mozzarella Cheese & a Dinner Roll	BOAR'S HEAD Turkey Sub Bagel Lunch - Bagel w/ Cream Cheese, Fruit & Vegetable Chicken Chopped Salad w/ Ranch Dressing & a Dinner Roll	BOAR'S HEAD Italian Sub Cereal Lunch w/ a Low-Fat Cheese Stick, Yogurt & Fruit Traditional Chef's Salad w/ a Dinner Roll

Milk is included with each lunch.

- Traditional Lunch - \$3.35 per meal
- Double Hot Traditional Meal - \$4.25
- Boar's Head & Featured Favorite Lunches - \$4.25 (Double Hot not available)
- Village Fresh Lunch - \$4.75 (Double Hot not available)
- 2-Slice Pizza Meal - \$4.60

All-Natural products contain no antibiotics, preservatives, hormones, or nitrates; are vegetarian fed and sustainably farmed

Go to
<http://glenrock.pomptonianmenus.com/order>
 to place an order by credit card.

Any questions, call Food Service Director at 201 445-7700 ext. 8965

Menu Subject to Change

Milk Selections include: Low Fat 1% Milk, Skim, or Low-Fat Chocolate Milk

Everything on this Menu is Baked not Fried

Your comments are important to us. Please email us at comments@pomptonian.com