$$
\begin{gathered}
\text { "Our greatest glory } \\
\text { is not in never } \\
\text { failing, but in } \\
\text { getting up every time } \\
\text { we do" }
\end{gathered}
$$

Confucius

## WELCOME PARENTS OF THE CLASS OF 2024



## AGENDE

- Transition to High School
- High School Graduation Requirements
- Review of Curriculum and Courses
- The Scheduling Process
- Is It Too Early to Think About College?
- Naviance/Family Connection
- Things to Know/Tips
- Questions and Answers


## THE TRANSITION TO HIGH SCHOOL

High School presents new opportunities and challenges

Coursework is more difficult, and counts towards graduation

Feelings of excitement and apprehension
Transition not only for students but for parents also

# WHAT IS REQUIRED FOR GRADUATION? STUDENTS NEED A MINIMUM OF 130 CREDITS TO GRADUATE 

O 4 years of English

- 3 years of Social Studies
- 3 years of Mathematics
- 2 years of World Language
- 3 years of Science

O 4 years of Phys. Ed/Health

- Visual and Performing Arts
- $21^{\text {st }}$ Century Skills
- Financial Literacy
(20 credits)
( 15 credits)
( 15 credits)*
(10 credits)*
( 18 credits)*
(20 credits)
(10 credits)
(5 credits)
(2.5 credits)
or another financially - based course
Most students earn more than the minimum to graduate
*Colleges may require or desire more than this


## Credits will be awarded as follows:

OOne full year subject - 5 credits
OOne-half year subject - 2.5 credits
OOne year Phys Ed/Health - 5 credits
OOne year Science with lab-6 credits
oAdvanced Placement (AP) Sciences - 7 credits
*Students must maintain a 35-credit course load each year!

## TYPES OF COURSES

There are academic courses and elective courses

Academic Levels
Advanced Placement (AP)
Honors (H)
Advanced (Adv)
College Preparatory (CP)


Fine/Performing Arts

| Graduation Requirement: <br> 10 credits | Term | Grade <br> Level |
| :--- | :--- | :--- |
| Theatre Arts I, A \& B | $1 / 2$ year | $9-12$ |
| Basic Art \& Design | $1 / 2$ year | $9-12$ |
| Drawing \& Painting | $1 / 2$ year | $9-12$ |
| Sculpture \& Ceramics I | $1 / 2$ year | $9-12$ |
| Advanced <br> Sculpture/Ceramics | $1 / 2$ year | $9-12$ |
| Interior Design | $1 / 2$ year | $9-12$ |
| Art History § | $1 / 2$ year | $9-12$ |
| Digital Imaging | $1 / 2$ year | $9-12$ |
| Graphic Design | $1 / 2$ year | $9-12$ |
| Advanced Graphic <br> Design | $1 / 2$ year | $9-12$ |
| Photo I, II | $1 / 2$ year | $9-12$ |
| Orchestra | Full <br> year | $9-12$ |
| Marching Band | Full <br> year | $9-12$ |
| Concert Choir | Full |  |
| year | $9-12$ |  |

21st Century Life \& Careers Education

$$
\begin{aligned}
& \text { Graduation Requirement: } \\
& 5 \text { credits, in addition to } \\
& 2.5 \text { credits in any } \\
& \text { Economics-based } \\
& \text { courses }
\end{aligned}
$$

| Economics | $1 / 2$ year | $9-12$ |
| :--- | :--- | :--- |
| Marketing I, II | $1 / 2$ year | $9-12$ |
| Accounting | $1 / 2$ year | $9-12$ |
| Introduction to Business | $1 / 2$ year | $9-12$ |
|  <br> Spring | $1 / 2$ year | $9-12$ |
| Satellite/Vo-Tech | Full <br> year | $9-12$ |
| Web Design I, II, III | $1 / 2$ year | $9-12$ |
| Video Production | $1 / 2$ year | $9-12$ |


| Video Production | $1 / 2$ year | $9-12$ |
| :--- | :--- | :--- |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |

Academic Electives

| Course | Term | Grade |
| :--- | :--- | :--- |
| Level |  |  |$|$| Creative Writing A, B | $1 / 2$ year | $9-12$ |
| :--- | :--- | :--- |
| Public Speaking | $1 / 2$ year | $9-12$ |
| Journalism I | Full <br> year | $9-12$ |
| Writers' Workshop A, B | $1 / 2$ year | $9-12$ |
| Graphic Novel | $1 / 2$ year | $9-12$ |
| Broadcast Media | $1 / 2$ year | $9-12$ |
| Advanced Broadcast  <br> Media $1 / 2$ year | $9-12$ |  |
| Computer Aided Design I | $1 / 2$ year | $9-12$ |
|  |  |  |
|  |  |  |
|  |  |  |
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|  |  |  |
|  |  |  |

## SCHEDOLING

- In the spring, students will choose their courses for the following year.
- Parents and students should go over the 20202021 Program of Studies and Course Pathways Flowcharts.
- Once schedules are set, it may be difficult to change a class. There is a definite time frame for schedule adjustments.
- Choose classes thoughtfully...students should challenge themselves appropriately if they wish to do so. Know what you're getting into!

* Assessments are required for all AP courses. Placement in an AP course is subject to teacher recommendation and availability.

Concurrent Enrollment Course

## THE SCHEDULING PROCESS

- Program of Studies/Course Pathways
- Scheduling Appointment \& Course Requests: Teacher Recommendations and Elective Selection
- Official Schedule Posted on the Parent Portal
-Schedule Adjustment or Request for a Change - Deadline to Change any Requests (for HS): 4/17 -Appeal Deadline: 4/l7
- Schedule Change Window (9 ${ }^{\text {th }}$ Grade): Begins $2^{\text {nd }}$ week of classes


## CURRICULUM \& COURSES

All 9 $^{\text {th }}$ Grade students take
OEnglish 9
OWorld History or AP World History
o Geometry, Geometry Advanced or Algebra 1
OBiology or Biology Advanced
OPhys. Ed and Health 9
OWorld Language
O Need another two periods of electives

## $9^{\text {Th }}$ GRADE COURSES

Subject
English 9
World History (AP or College Prep)
Algebra l or Geometry (Advanced or CP)
Biology (Advanced or CP)
World Language
Electives
Health/Phys. Ed 9

Credits
5
5
5
6
5
10
5
Total - 41

# THE ROTATING SCHEDULE (OR "ROTATING/DROP" SCHEDULE) 

| CURRENT MS SCHEDULE |  |
| :---: | :---: |
| 1 7:50 AMM - 8:35 AMM |  |
| 2 8:39 AIM - 9:24 AIM |  |
| 3 9:28 AM - 10:13 AMI |  |
| 4 10:17 AMM - 11:02 AMM |  |
| 5 11:06 AMM - 11:51 AMM |  |
| 6 11:55 AMM - 12:40 PM |  |
| 7 12:44 PIM - 1:29 PIM |  |
| 8 1:33 PM - 2:18 PIM |  |
|  | 2:22 PIM - 3:07 PM |

# Rotating Student Schedules start like this: (THIS IS A HYPOTHETICAL SCHEDULE) 

| Period | Course |
| :---: | :--- |
| 1 | World History |
| 2 | English 9 |
| 3 | Advanced Biology |
| 4 | Spanish II |
| 5 | Lunch |
| 6 | Art \& Design/Marketing |
| 7 | Phys Ed/Health 9 |
| 8 | Advanced Geometry |
| 9 | Concert Choir |

# then Fit In This Way 

|  | Day 1 | Day 2 | Day 3 | Day 4 |
| :---: | :---: | :---: | :---: | :---: |
| 7:50 AlM - 8:48 AMI | 1 World History | 2 English 9 | 3 Advanced Biology | 4 Spanish II |
| 8:52 AMM - 9:50 AM | 2 English 9 | 3 Advanced Biology | 4 Spanish II | 1 World History |
| 9:54 AIM - 10:52 AIM | 3 Advanced Biology | 4 Spanish II | 1 World History | 2 English 9 |
| 10:52 AIM - 11:22 AIM | Biology Lab | LUNCH | LUNCH | LUNCH |
| 11:22 AM - 11:52 AM | LUNCH | LUNCH | LUNCH | LUNCH |
| 11:52AM - 12:50 PIM | 6 Art \& Design/ Marketing | 7 Phys. Ed | 8 Advanced Geometry | 9 Concert Choir |
| 12:54 PIM - 1:52 PM | 7 Phys. Ed. | 8 Advanced Geometry | 9 Concert Choir |  <br> Design/ <br> Marketing |
| 1:56 PIM - 2:54 PMI | 8 Advanced Geometry | 9 Concert Choir | 6 Art \& Design/ Marketing | 7 Phys. Ed |

THE STUDENT TRANSCRIPT

| Glen Rock Secondary Schools Official Transcript |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Student Name \&Address |  |  |  | High School Name \& AddressGlen Rock High School400 Hamitton AveGlen Rock, NJ 07452Fax\# (201) 389-5008 |  |  |
| Parent or Guardian | Student D | Gender M |  | Date of Birth | State Student D |  |
| Guidance Counselor Caren, Theresa | $\begin{array}{r} \hline \text { CEEB Code } \\ 310-438 \end{array}$ | Date of Entry 09/07/2011 |  | Date of Withdrawal | Date of Graduation 06/18/2015 |  |
| Student Ac ademic History |  |  |  |  |  |  |
| Grade 09 Year 2011-12 | Final Grade | Credits | Grade 10 | Year 2012-13 | Final Grade | Credits |
| English 9 <br> Public Speaking <br> Georid History <br> Geormitry Spanish <br> Biology Advanced <br> Physical Education 9 <br> Health 9: Coping Skills Concert Choir <br> Financial Literacy | $\begin{aligned} & \mathrm{B} \\ & \mathrm{~A}+ \\ & \mathrm{A}- \\ & \mathrm{C}+ \\ & \mathrm{B} \\ & \mathrm{C} \\ & \mathrm{~A}+ \\ & \mathrm{A}+ \\ & \mathrm{A} \end{aligned}$ | 5.000 2.500 5.000 5.000 5.000 6.000 3.000 1.000 5.000 2.500 |  | Education 10 <br> Drivers Education hoir <br> gn II: Advanced Page Layo | B+ B- B B+ A- A+ A- A A A | 5.000 5.000 5.000 5.000 6.000 3.000 1.000 5.000 2.500 2.500 |
| GPA: 3.1111 | Credits Eamed | 40.000 | GPA: 3 |  | Credits Eamed | 40.000 |
| Grade 11 Year 2013-14 | Final Grade | Credits | Grade 12 | Year 2014-15 | Final Grade | Credits |
| English 11 <br> Honors US History II <br> Pre-Galculus Spanish III <br> Honors Physics <br> Physical Education 11 <br> Health 11: Diseases and Prevention Concert Choir <br> Economics and Investing | $\begin{aligned} & \text { A- } \\ & \text { A- } \\ & \text { B+ } \\ & \text { A- } \\ & \text { A+ } \\ & \text { A+ } \\ & \text { A } \end{aligned}$ | 5.000 5.000 5.000 5.000 6.000 3.000 1.000 5.000 5.000 | English <br> AP Gov <br> AP Rors <br> Physica <br> Health 1 <br> AP Mac | 2 - Contemporary Fiction nment \& Politics: US alculus ics B Education 12 <br> : Family and Relationships oncert Choir <br> Economics/MicroEconomic |  |  |
| GPA: 3.9028 | Credits Eamed | 40.000 | GPA: |  | Credits Eamed | 0.000 |

$\left.\begin{array}{|l|c|l|l|}\hline & \begin{array}{c}\text { Cumulative Credits Earned: } \\ 120.000\end{array} & \begin{array}{c}\text { Cumulative GPA (Weighted): } \\ 3.4833\end{array} & \text { Class Size: }\end{array}\right]$

## TIPS FOR GETTING READY FOR HIGH SCHOOL

- Students who have developed good study skills in middle school are much better prepared for high school.
- Help your child choose "appropriate" freshman courses. Then, help them develop a tentative four-year high school course of study.
- Every year of High School counts! The transcript is the most important part of your child's record.
- College or Scholarship committees like to see students who are well-rounded. Students who are involved in school activities also tend to have greater academic success, and they are usually more interested in their high school work.
- Help your child identify some "specific" high school activities that they might enjoy.


## THINGS TO ENCOURAGE YOUR CHILD TO DO!

- READ, READ and READ some more...then WRITE about it! The best preparation for academic success is reading and writing.
- Work on Time Management and Organizational Skills
- Become involved in School
- Get to know your Guidance Counselor and Teachers


## ACTIVITY CLUBS

- AFS
- Ambassador Program
- American Club
- Art Club
- Artist Portfolio Club
- Asian Club
- Audiovisual Club
- Biology Team
- Chamber Music Club
- Chemistry team
- Chess team
- Computer Development Club
- Cultural Exchange Club
- Debate Ieam Environmental Science Team
- Fire Marshall
- Foreign Policy Club
- French Club
- Frisbee Club
- Future Business Leaders of America
- Glenconian
- Glen Echo
- GRHS Rock Band
- GSA
- High School Quiz Bowl
- High School Musical
- Interact Club
- Jazz/Rock/Dixiecats Ensemble
- Latin Club
- Lindsey Meyer Teen INSTITUTE
- Madrigal Choir
- Marching Band
- Math league
- Mobius
- Model UN
- MSG Varsity
- National Honor Society
- Pathways for Exceptional Children
- Phllosophy Club
- Physics Team
- Relay for Life
- Robotics Club
- S.E.A. Advisor
- Sharing the Arts
- Ski Club
- Spanish Club
- Student Council
- Theatre Company
- Today's Issues
- Treble Choir


## INTERSCHOLASTIC ATHLETIC OFFERINGS

FALL
Football
Fall Cheerleading
Boy's Soccer
Girl's Soccer
Boy's Cross - Country
Girl's Cross - Country
Girl's Volleyball Girl's Tennis

WINTER<br>Boy's Basketball<br>Girl's Basketball<br>Wrestling<br>Ice Hockey<br>Boy's Track<br>Girl's Track<br>Winter Cheerleading

## SPRING

Baseball
Softball
Boy's Track \&Field
Girl's Track \& Field
Boy's Tennis
Boy's Golf
Girl's Golf
Boy's Lacrosse
Girl's Lacrosse

## Is it too early to think about college?

- No, it's not too early...but don't give it undue time or importance right now...
- High School can have different outcomes...you can plan for "A", but consider "B" and "C" as possibilities... just in case...
- If you happen to be near a college at some point, and your child is amenable, take a visit...but keep it low-key...
- Try to keep to the script...''Look for the school that fits you best, and will value you for who you are and what you will bring."


## Resources/ThIIGs to Kion:

- A school calendar
- A list of courses students are required to take each year
- The electives that are available at each grade level
- Information on the scheduling process
- A list of graduation requirements
- State testing information
- Information on extracurricular activities
- Eligibility requirements for extracurricular activities
- Attendance and tardy policies and procedures
- Information on school rules
- Summer school options
- How to contact your child's counselor


## NAVIANCE STUDENT



Welcome, Tina !
Search for Colleges
Q Type a college name

## Greetings 2023

Our goal at Glen Rock High School is to provide you and your family with the best information and methods to assist you with your educational planning. Therefore, we are pleased to introduce Naviance Student, a service linked to the Guidance Office which offers innovative, easy-to-use and streamlined methods to enhance your educational planning for rallene and rareare

## My Favorites



COLLEGES
I'm thinking about

colleges
I'm applying to


CAREERS AND CLUSTERS
I'm thinking about

## 8 Naviance | Student

## Quick Links <br> EXPLORE CAREERS

Favorite careers and clusters

Explore careers and clusters

WHAT ARE MY INTERESTS?

Career cluster finder

Career interest profiler

StrengthsExplorer powered by Gallup, helps uncover talents and reveals Glenda Rock's p wonderful journey of discovery will provide the necesary tools to make the most of Glenc

Note: Glenda Rock has not yet completed this Assessment. Once it has been completed, you will be abl view results.

〈 Back My Assessments

Do What You Are

MI Advantage

Learning Styles Inventory

Strengths Explorer

Career Interest Profiler

Career Cluster Finder
Quick Links

## EXPLORE CAREERS

Favorite careers and clusters

Explore careers and clusters

## WHAT ARE MY INTERESTS?

Career cluster finder

Career interest profiler


Overview Sections


## Your Top 3 Themes

You are the only person with your exact talents. Nobody in the world is the same as you.

## 1. Dependability

Trust is important to you, and you care about being seen as responsible and trustworthy. People count on you to do what you say you will do. When you make a promise, you mean to keep it.

## 2. Relating

You like to start friendships and keep them for a long time? maybe even your whole life. You widen the circle of friends for yourself and others.

## 3. Organizer

Scheduling, planning, and
organizing your world makes
life better. People count on
you to get the details right
and pull a plan together.

Theme Details

## STRENGTHS EXPLORER ${ }^{\text {® }}$

STUDENT PLAYBOOK


## Quick Links

## INTERESTING THINGS ABOUT ME

Resume

## Documents

Journal

Survey history

OFFICIAL THINGS

Profile

Inbox

Account

Test scores

Strengths Explorer

## Here are your related career pathways.

These areas are suited to your top 3 themes.

Dependability Theme
PATHWAY
Food Products and Processing Systems
4 AGRICULTURE, FOOD AND NATURAL R...
PATHWAY
Environmental Service Systems
4 AGRICULTURE, FOOD AND NATURAL R...
PATHWAY
Animal Systems
4: AGRICULTURE, FOOD AND NATURAL R...

PATHWAY
Construction
$\square$ ARCHITECTURE AND CONSTRUCTION
PATHWAY
Natural Resource Systems
4. AGRICULTURE, FOOD AND NATURAL R...

## PATHWAY

Maintenance/Operations
H ARCHITECTURE AND CONSTRUCTION

## BEST SOURCE OF INFORMITITON FOR STUDENTS AND PARENTS

The GRHS Guidance Department

$$
\text { 201-445-7700 ext. } 8918 / 8919
$$ www.glenrocknj.org

## THANK YOU FOR COMING!



